

DTAS Annual Conference 2024



Creating Hope Together

A community led strategy

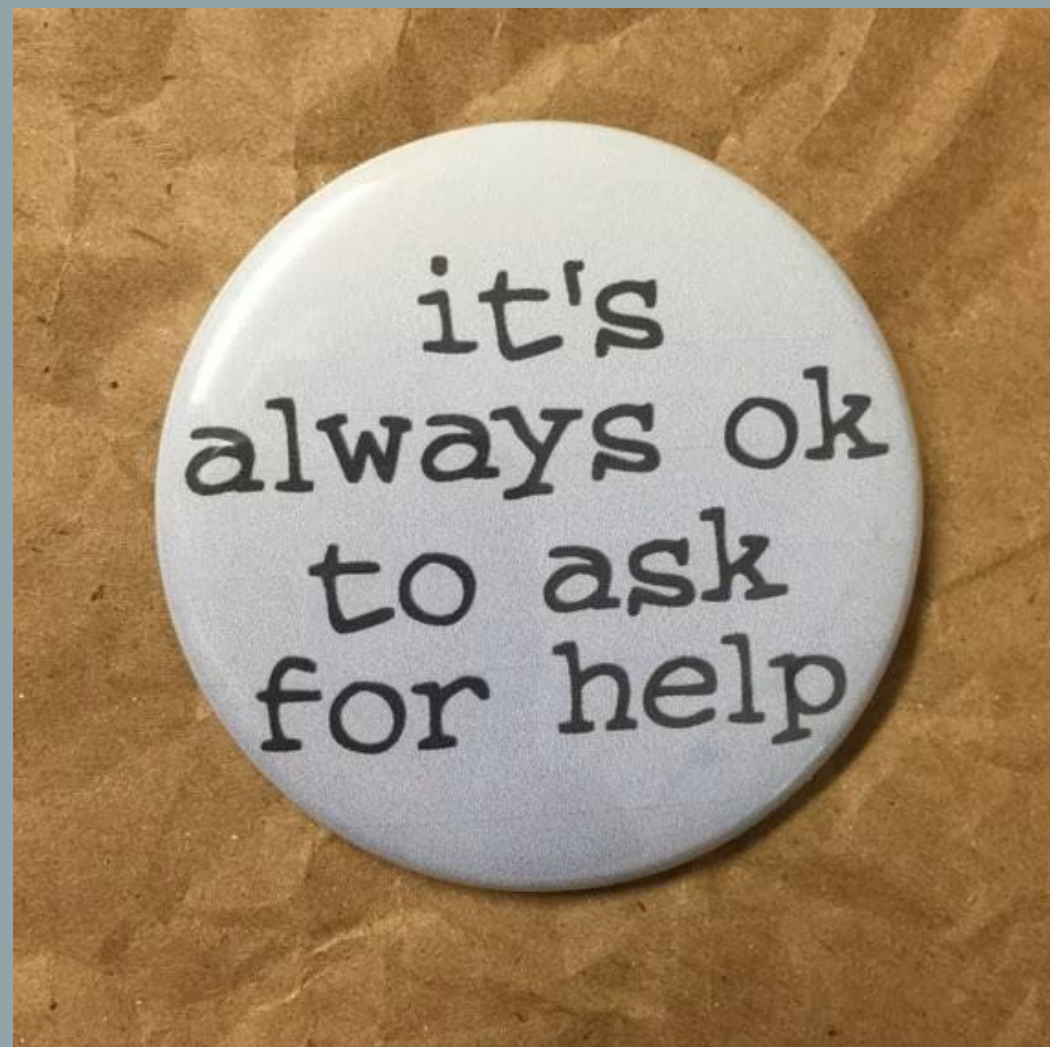


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Agenda

What we'll discuss today



Overview of the CHT Strategy



Outcome three of CHT strategy



Workshop themes



Activity



Feedback

4 Strategy Outcomes

- **Outcome 1** The environment we live in promotes conditions which protect against suicide risk. This includes our psychological, social, cultural, economic and physical environment.
- **Outcome 2** Our communities have a clear understanding of suicide, risk factors and its prevention, so that people and organisations are more able to respond in helpful and informed ways when they, or others, need support
- **Outcome 3** Everyone affected by suicide is able to access high quality, compassionate, appropriate and timely support - which promotes wellbeing and recovery. This applies to all children, young people and adults who experience suicidal thoughts and behaviour, anyone who cares for them, and anyone affected by suicide in other ways.
- **Outcome 4** Our approach to suicide prevention is well planned and delivered, through close collaboration between national, local and sectoral partners. Our work is designed with lived experience insight, practice, data, research and intelligence. We improve our approach through regular monitoring, evaluation and review.

Outcome 1

Led by Samaritans, working with COSLA & Scottish Government

- Focuses on-
- Scottish Government policies increasingly incorporate and deliver actions designed to contribute to both suicide prevention and tackling the inequalities that affect suicidal behaviour
- There is increased multi-agency and cross-sectoral awareness and action nationally and locally to restrict access to methods of suicide
- Traditional media (including their online content) increasingly recognise and implement best practice in sensitively reporting, discussing and portraying suicide.



Outcome 2

Led by SAMH working with 3rd sector partners and NHS

- Focuses on-
- People are better informed about suicide
- People are able to respond more confidently and appropriately to people who may be suicidal or affected by suicide;
- Develop and continue to support social movements with a focus on suicide prevention



Outcome 4

Led by Public Health Scotland working with 3rd Sector partners

- Focuses on-
- People who are suicidal or affected by suicide in any way, have more equitable access to appropriate, high quality, effective support - to prevent suicide and promote wellbeing and recovery
- Lived/living experience insight and other sources of data and intelligence are more effectively collected, shared and used in planning, design, implementation and evaluation of suicide prevention interventions.



Outcome 3

Led by Penumbra & Change Mental Health working with Scottish Recovery Network & Scottish Government

1

Bereavement By Suicide Support

- Suicide Bereavement support
- Wave after wave training

2

Carers and Children & Young People Support

- Youth Advisory Group
- LLEP
- NES

3

Compassionate response to those affected by suicide

- SG Policy Team
- SRN

4

Community Led Action Research

- Scottish Community Development Centre
- Community Led interest groups

Workshop Theme 1

What is you/your organisation/community group/s awareness of suicide prevention in Scotland and what contribution do or could you/they make towards suicide prevention?

Hints

- Impact on communities by suicide
- What is Suicide prevention?
- What support is available and where?
- Current activities or plans related to Suicide prevention

Workshop Theme 2

What would help you/your organisation/community group/s to improve awareness of suicide prevention and develop confidence in preventing suicide?

Hints

- Who your community/organisation is
 - Possible barriers to engaging
- What specific needs/aims they have
 - Preferred communication



www.gov.scot/news/suicide-prevention-strategy-creating-hope-together/

Thank you!



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